

Experiencing His Rest

Rest is the certainty you feel (have) when you know God is leading you and therefore helping you. It is spiritual certainty; it comes supernaturally. Cast all your cares upon Me and I will give you rest.

Rest is God's promise to His people. But some can't enter in because of unbelief.

But without faith, it is impossible to please Him, for he who comes to God must believe that He is and that He is a rewarder of those who diligently seek Him. (Heb 11:6)

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus - Phil 4:6-7

Rest compared to the promised land

Therefore, as the Holy Spirit says, "Today, if you hear his voice, do not harden your hearts as in the rebellion, on the day of testing in the wilderness, where your fathers put me to the test and saw my works for forty years. Therefore I was provoked with that generation, and said, 'They always go astray in their heart; they have not known my ways.' As I swore in my wrath, 'They shall not enter my rest.'" Take care, brothers, lest there be in any of you an evil, unbelieving heart, leading you to fall away from the living God. But exhort one another every day, as long as it is called "today," that none of you may be hardened by the deceitfulness of sin. For we have come to share in Christ, if indeed we hold our original confidence firm to the end. As it is said, "Today, if you hear his voice, do not harden your hearts as in the rebellion." Hebrews 3:7-15

You can be saved but not be living in rest - in spiritual certainty

For who were those who heard and yet rebelled? Was it not all those who left Egypt led by Moses? And with whom was he provoked for forty years? Was it not with those who sinned, whose bodies fell in the wilderness? And to whom did he swear that they would not enter his rest, but to those who were disobedient? So we see that they were unable to enter because of unbelief. Hebrews 3:16-19

*Therefore, while the promise of entering his rest still stands, let us fear lest any of you should seem to have failed to reach it. For good news came to us just as to them, but the message they heard did not benefit them, because they were not united by faith with those who listened.. [Our part - act on His Word] For we who have believed enter that rest, as he has said, "As I swore in my wrath, 'They shall not enter my rest,'" although his works were finished from the foundation of the world. For he has somewhere spoken of the seventh day in this way: "And God rested on the seventh day from all his works." And again in this passage, he said, "They shall not enter my rest." Since therefore it remains for some to enter it, and those who formerly received the good news failed to enter because of disobedience, again he appoints a certain day, "Today," saying through David so long afterward, in the words already quoted, "Today, if you hear his voice, do not harden your hearts." For if Joshua had given them rest, God would not have spoken of another day later on. So then, there remains a Sabbath rest for the people of God, for whoever has entered God's rest has also rested from his works as God did from his. **Let us therefore strive to enter that rest**, so that no one may fall by the same sort of disobedience. For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart. And no creature is hidden from his sight, but all are naked and exposed to the eyes of him to whom we must give account. Hebrews 4:1-13*

to whom he has said, "This is rest; give rest to the weary; and this is repose"; yet they would not hear. Isaiah 28:12

*For thus said the Lord GOD, the Holy One of Israel, "In returning and **rest** you shall be saved; in quietness and in trust shall be your strength." But you were unwilling, Isaiah 30:15*

*Therefore my heart is glad, and my glory rejoices; My flesh also will **rest** in hope. Ps 16:9*

***Rest** in the LORD, and wait patiently for Him; Do not fret... Ps 37:7*

We are CALLED to His rest - to spiritual certainty

Oh come, let us sing to the LORD; let us make a joyful noise to the rock of our salvation! Let us come into his presence with thanksgiving; let us make a joyful noise to him with songs of praise! For the

LORD is a great God, and a great King above all gods. In his hand are the depths of the earth; the heights of the mountains are his also. The sea is his, for he made it, and his hands formed the dry land. Oh come, let us worship and bow down; let us kneel before the LORD, our Maker! For he is our God, and we are the people of his pasture, and the sheep of his hand. Today, if you hear his voice, do not harden your hearts, as at Meribah, as on the day at Massah in the wilderness, when your fathers put me to the test and put me to the proof, though they had seen my work. For forty years I loathed that generation and said, "They are a people who go astray in their heart, and they have not known my ways." Therefore I swore in my wrath, "They shall not enter my rest." Psalms 95

Return to your rest, O my soul, For the LORD has dealt bountifully with you. Ps 116:7

Then he said to them, "This is what the LORD has said: 'Tomorrow is a Sabbath rest, a holy Sabbath to the LORD. Ex 16:23a.

Understanding or not, we must choose to wholly follow the Lord to enter His rest.

Then the LORD said, "I have pardoned, according to your word. But truly, as I live, and as all the earth shall be filled with the glory of the LORD, none of the men who have seen my glory and my signs that I did in Egypt and in the wilderness, and yet have put me to the test these ten times and have not obeyed my voice, shall see the land that I swore to give to their fathers. And none of those who despised me shall see it. But my servant Caleb, because he has a different spirit and has followed me fully, I will bring into the land... Numbers 14:20-24

*But when you go over the Jordan and live in the land that the LORD your God is giving you to inherit, and when he gives you **rest** from all your enemies around, so that you live in safety, then to the place that the LORD your God will choose, to make his name dwell there Deuteronomy 12:10-11*

Now therefore, if I have found favor in your sight, please show me now your ways, that I may know you in order to find favor in your sight. Consider too that this nation is your people." And he said, "My presence will go with you, and I will give you rest." Exodus 33:13-14

*And Asa cried to the LORD his God, "O LORD, there is none like you to help, between the mighty and the weak. Help us, O LORD our God, for we rely (**rest**) on you, 2 Chronicles 14:11*

It is still His Promise - we can still enter in

*And the effect of righteousness will be peace, and the result of righteousness, quietness and trust forever. My people will abide in a peaceful habitation, in secure dwellings, and in **quiet resting** places. And it will hail when the forest falls down, and the city will be utterly laid low. Isaiah 32:17-19*

*Come to me, all who labor and are heavy laden, and I will give you **rest**. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light." Matthew 11:28-30*

It's not hard - just choose Jesus